

Job Description – Home Health Aide (HHA)

Job Summary:

An individual who, under supervision, provides assistance with nutrition & environmental support, personal hygiene, feeding and dressing.

Organizational Relationship:

Has successfully completed one of the following:

- 1. Demonstrated competency by passing a competency exam developed by the Agency or other entity which meets the PA regulatory requirements.
- 2. A training program developed by the Agency that meets all the PA state requirements.
- 3. A training program meeting the training standards by virtue of the agency's participation as a provider in a Medicaid Waiver or other publicly funded program providing home & community-based services.
- 4. Another program identified by the PA DOH by subsequent publication in the PA Bulletin or on the DOH website.
- 5. Practices good hygiene & is neat in personal appearance.
- 6. Must have criminal background check.

Responsibilities:

<u>Personal Services – assists with:</u>

- -Bathing (tub, shower, or bed)
- -Oral hygiene
- -Grooming & care of hair
- -Ordinary care of nails
- -Routine skin care/lotion massage
- -Positioning & turning of clients that cannot assist self in bed & chair
- -Elimination
- -Assist with eating, dressing, walking, & toileting
- -Remind client to take self-administered medications

Homemaking – assists with:

- -Meal planning & preparation in accordance with complex & modified diets
- -Feeding
- -Linen change (occupied & unoccupied)
- -Laundry (Clients only)
- -Light housekeeping; washing dishes, clean kitchen, dust & vacuum, only those rooms the client uses
- -List needed for supplies & grocery shopping

HHA ARE REQUIRED TO:

- -Follow universal precautions whenever giving any aspect of Client service.
- -Maintain confidentiality.
- -Perform ONLY those functions specified for each individual Client on the service plan.
- -Respond to the physical, emotional, & developmental needs of Clients.
- -Follow emergency procedures in the event of any incident, accident, injury, or significant change in Client's condition.

Functional Abilities:

- -Can lift, turn & transfer weights up to 200lbs.
- -Can carry bundles upstairs weighing up to 10lbs.
- -Can stoop & bend.
- -Can travel to prospective Client's place of residence.
- -Can hear and effectively communicate with the Client.